

# TrueNorth Supported Living Limited

*Specialist Supported Living for Adults with Complex Needs*



## ☀️ Who We Are

TrueNorth Supported Living Limited provides safe, personcentred accommodation for adults with complex needs. Our mission is to empower every individual to live a **meaningful, independent, and fulfilling life** through tailored support and a warm, inclusive environment.

We proudly support adults with:

- Learning disabilities
- Autism spectrum conditions
- Mental health needs
- Behaviour that challenges
- Complex social or emotional needs

## • 🏠 Our Accommodation

- Our homes are designed to feel welcoming, comfortable, and truly lived in. Each property offers:
- Private, spacious bedrooms

- Modern communal living areas
- Safe, secure environments
- 24/7 onsite support
- Accessibilityfriendly layouts
- Technologyenabled independence tools
- We create spaces where people feel **safe, respected, and at home.**

## • 🧡 **Our Support Approach**

- We follow a strengthsbased, personcentred model that empowers individuals to take control of their lives.
- Our support includes:
- Daily living assistance
- Emotional and social wellbeing support
- Medication support
- Behavioural support
- Community engagement
- Skills development for independence
- Advocacy and appointment support
- Our aim is to build **confidence, independence, and longterm stability.**

## • 🌱 **Why Choose TrueNorth**

- **Personalised support plans** built around individual goals
- **Highly trained staff** experienced in complex needs
- **Warm, inclusive environments** that promote dignity and choice
- **Strong community partnerships** across Liverpool & Merseyside

- **Focus on independence**, not dependency
- We believe every person deserves the chance to thrive — and we're here to make that possible.

-  **Our Location**

TrueNorth Supported Living Limited Office 10, Toxteth Town Hall 15 High Park Street  
Toxteth, L8 8DX

eth provides excellent access to community resources, transport links, and local services.

## Testimonials

*"TrueNorth helped my son regain confidence and independence. The staff truly care."*  
— Family Member

*"I feel listened to and supported. They help me live my life my way."* — Service User

## Contact Us

We welcome referrals, enquiries, and visits. Let's explore how we can support you or someone you care about.

- **Email:** [truenorth660@gmail.com](mailto:truenorth660@gmail.com)
- **Phone:** 07360086763
- **Website:** [www.truenoth.co.uk](http://www.truenoth.co.uk)
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